

Week 1

SUNDAY 1/29	MONDAY 1/30	TUESDAY 1/31	WEDNESDAY 2/1	THURSDAY 2/2	FRIDAY 2/3	SATURDAY 2/4
Breakfast: Assorted cereal, assorted fruit, 100% apple juice, strawberry milk, chocolate milk, white milk	Breakfast: Turkey sausage patty, blueberry waffles, Frosted Flakes, syrup, 100% apple juice, pineapples, milk variety	Breakfast: Turkey sausage patty, cinnamon French toast, , syrup, 100% apple juice, diced pears, milk variety	Breakfast: Turkey sausage patty, blueberry pancakes, Cocoa Puffs, syrup, apple sauce, 100% apple juice, milk variety	Breakfast: Egg, sausage & cheese sandwich, Cinnamon Toast Crunch, mandarin oranges, 100% apple juice, milk variety	Breakfast: Turkey sausage patty, maple waffles, Syrup Golden Grahams, fruit cocktail, 100% apple juice, milk variety	Breakfast: Assorted cereal, assorted fruit, 100% apple juice, milk variety
Soup	Soup: Four bean	Soup: Chicken barley	Soup: Minestrone	Soup: Wedding	Soup: Tomato basil	Soup
Lunch: Romaine lettuce, chicken tenders, pierogies, chocolate chip mini loaf, baked beans mixed vegetables, apples, diced peaches, 100% apple juice, strawberry milk, chocolate milk, white milk	Lunch: Romaine lettuce, BBQ rib sandwich, steamed pollock, blueberry mini loaf, chopped spinach, 100% apple juice, fresh pears, pineapple tidbits, milk variety	Lunch: Romaine lettuce, chicken fillet sandwich, tuna salad, banana mini loaf, green beans, carrots, diced peaches, fresh apples, 100% apple juice, milk variety	Lunch: Romaine lettuce, hot dogs, steamed tilapia, orange mini loaf, broccoli, peas, apple sauce, fresh pears, 100% apple juice, milk variety	Lunch: Romaine lettuce, turkey & cheese hoagie, steamed cod,Sliced carrots blueberry mini loaf, sliced tomatoes, fresh apples, mandarin oranges, 100% apple juice, milk variety	Lunch: Romaine lettuce, chicken cheese steak, Swai Pangasius, orange mini loaf, mixed vegetables, fruit cocktail, Fresh Pear, 100% apple juice, milk variety	Lunch: Romaine lettuce, country fried steak sandwich, sweet corn, fresh apples, diced peaches, 100% apple juice, milk variety
Dinner: Cheeseburger, potato chips	Dinner: Chicken hot sausage hoagie, broccoli	Dinner: Salisbury steak, mashed potatoes, gravy	Dinner: General Tso's chicken over rice	Dinner: Swedish meatballs over noodles	Dinner: Cheese ravioli, marinara sauce, garlic bread	Dinner: Chicken Mexicali
Snack: Choice of Apple or Strawberry Nutri Grain Bar, Milk	Snack: Choice of Apple or Strawberry Nutri Grain Bar, Milk	Snack: Choice of Apple or Strawberry Nutri Grain Bar, Milk	Snack: Choice of Apple or Strawberry Nutri Grain Bar, Milk	Snack: Choice of Apple or Strawberry Nutri Grain Bar, Milk	Snack: Choice of Apple or Strawberry Nutri Grain Bar, Milk	Snack: Choice of Apple or Strawberry Nutri Grain Bar, Milk

**Fresh Soup & Salad Bar Daily

*** Milk available daily: 1% white, non-fat chocolate & non-fat strawberry